

Swan Inn Bar Menu

Please place your order at the bar and give your table number. Morning coffee and sandwich menu served until 6pm. All other dishes available until 10pm.

Morning coffee, Afternoon tea or Brunch

**Items available until 12 noon*

Toasted fruit teacake	£2.00
Toasted crumpets	£2.00
Free range local pork sausage butty*	£4.95
Free range locally smoked bacon butty*	£4.95
Homemade fruit scones with strawberry jam and clotted cream	£4.95

Soup and Sandwiches *All served on white or granary farmhouse bread*

Fresh homemade soup	£4.50
Honey and whole grain mustard glazed Cumbrian ham and a pot of piccalilli	£6.95
Slow roasted Cumbrian bred beef with parmesan, pesto and rocket leaf	£6.95
Thornby Moor Cumberland farmhouse cheese and handmade pickle	£6.95
Cartmel oak smoked salmon, dill cream cheese and sliced cucumber	£7.95
Tuna, spring onion and lemon mayonnaise	£6.95
Greek salad flour tortilla wrap	£6.95

See blackboard for today's hot sandwich

Platters *The best of Cumbria*

Farmer's - Cumbrian ham, roast beef & home made chicken liver parfait with handmade pickles	Small	£9.95
	Large	£14.95
Fisherman's - Cartmel valley smoked salmon & trout with potted Morecambe Bay shrimps & cucumber salad	Small	£10.95
	Large	£16.95
Ploughman's - Eden valley organic brie, Thornby Moor Cumberland farmhouse, Alladale goats cheese, Huntsman's pie & handmade pickles	Small	£9.95
	Large	£14.95
		Add extra ham or cheese for £1.50

Some of the items offered on this menu may contain food substances to which you have an allergy. Please ask the Restaurant Manager who will be more than happy to advise.

Mains *Please see our blackboards for today's specials.*

Swan Inn fish and chips with mushy peas and homemade tartare sauce	£13.95
Cumbrian bred beef burger with Thornby Moor cheese, hand cut chunky chips & onion rings	£12.50
8oz Cumbrian rump steak with hand cut chips	£16.95
Whitby scampi with garden peas and homemade tartare sauce	£13.95
Grilled Lakeland lamb cutlets with garden peas, broad beans and minted new potato salad	£14.95
Traditional Sunday roast (Sundays only!)	£13.95

Salads and light bites

Char grilled Goosnargh chicken breast, sweet pepper and paprika couscous with a red chilli dressing	£12.95
Salad of roasted Romero pepper with avocado, feta cheese, slow roasted tomatoes and pumpkin seed oil	£10.50
Basil, tomato and goats cheese tartlet with herb salad	£10.50
Oak smoked Goosnargh chicken breast and mango salad	£12.95
Tiger prawn skewers, red onion, baby leaf salad and a lime dressing	£14.95
Pan seared Scottish salmon fillet, broad bean, beetroot and cucumber salad	£12.95

Side Orders

Bucket of hand cut chunky chips £3.95 • Onion rings £3.95 • Mixed baby leaf and herb salad £3.95
Herb buttered new potatoes £3.95 • Baby seasonal vegetables £3.95 • Garlic bread £4.50

Sauces Peppercorn sauce • Garlic and herb butter £1.95

Puddings *All homemade - Please see our blackboards for today's specials.*

Chocolate mousse and raspberry biscotti	£5.95
Apple pie and pouring cream	£5.95
Manchester tart and custard	£5.95
Summer fruit pudding with Jersey cream	£5.95

Kids Meals

Baby bucket of Whitby scampi and hand cut chunky chips	£5.95
Mini fish, hand cut chunky chips and mushy peas	£5.95
Goosnargh chicken breast goujons with creamy mash and baked beans	£5.95
Mini Cumbrian bred beef burger with Thornby Moor cheese and hand cut chunky chips	£5.95
Free range pork sausage, creamy mash and gravy	£5.95
Cheese, ham or jam sandwich with sliced apple and crisps	£3.50
Windermere ice cream, made with local organic milk	£1.95
(Vanilla, chocolate, cinder toffee, strawberries & cream, banana toffee)	
Fresh fruit mini platter served with organic yogurt	£1.95

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