



T R E A T M E N T

# Price List

All our treatments are tailored to your needs and typically take between 45 and 90 minutes dependant on your requirements.

## Facials

Comfort Zone Sublime Skin Facial	£124
Comfort Zone Hydramemory Facial	£95
Comfort Zone Active Pureness Facial	£95
Comfort Zone Remedy Facial	£95
Comfort Zone Mens High Performance Facial	£95
OTO Lifting Facial Experience	£124

## Massage

Comfort Zone Aromasoul Elements Massage	£124
Comfort Zone Tranquillity Pro Sleep Massage	£110
Comfort Zone New Life New Mum	£124
Comfort Zone Walkers Foot Treatment	£95
Ground Wellbeing 'tóg go bog é' Full Body Massage	£110
OTO Signature Short CBD Massage Experience	£110
OTO Signature Long CBD Massage Experience	£136

## Body Treatments

Comfort Zone 3 in 1 Hot & Cold Treatment	£136
Comfort Zone Aromasoul Body Scrub	£60
Comfort Zone Himalayan Salt	£110

## Signature Rituals

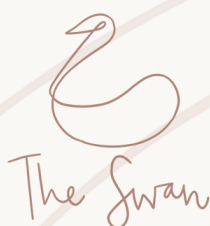
Ground Wellbeing Grounding Ritual	£136
Ground Wellbeing Restorative Ritual	£136
Ground Wellbeing Comforting Ritual	£136
Ground Wellbeing Balancing Ritual	£136
Ground Wellbeing Cleansing Ritual	£110

## Thermal Suite

Spa Garden Circuit Access Including Bespoke Thermal Journey and Bathing	£40
---	-----

## Spa Days

Look Your Best Spa Day	£139
Relax Spa Day	£180
Detox Spa Day	£154
Re-juvenate Spa Day	£154



The Swan Hotel & Spa  
Newby Bridge, Ulverston, Cumbria, LA12 8NB  
01539 531 681 [www.swanhotel.com](http://www.swanhotel.com)