



TREATMENT

Price List

All our treatments are tailored to your needs and typically take between 45 and 90 minutes dependant on your requirements.

Facials

Comfort Zone Sublime Skin Facial	£100
Comfort Zone Hydramemory Facial	£80
Comfort Zone Active Pureness Facial	£80
Comfort Zone Remedy Facial	£80
Comfort Zone Mens High Performance Facial	£80

Massage

Comfort Zone Aromasoul Elements full body Massage	£110
Comfort Zone Tranquillity Pro Sleep Massage	£95
Comfort Zone Walkers Foot Treatment	£50
Ground Wellbeing 'tóg go bog é' Full Body Massage	£105
OTO Signature Short CBD Massage Experience OTO	£110
Signature Long CBD Massage Experience	£136

Body Treatments

Comfort Zone 3 in 1 Hot & Cold Treatment	£100
Comfort Zone Aromasoul Body Scrub	£50
Comfort Zone Himalayan Salt	£85

Signature Rituals

Using guided breathwork, allow us to reconnect the space between the body and mind. These ritual treatments are designed to heal the body and clear the mind, using aromatherapy blends, to take you on a journey of inner calm, leaving you deeply relaxed and free of stress and tension

Ground Wellbeing Grounding Ritual - 80 mins	£120
Ground Wellbeing Restorative Ritual - 50 mins	£110
Ground Wellbeing Comforting Ritual - 80 mins	£120
Ground Wellbeing Balancing Ritual - 80 mins	£120
Ground Wellbeing Cleansing Ritual - 50 mins	£110

Thermal Suite

Spa Garden Access Including Thermal Journey and Bathing	£30 weekday £40 weekend
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Spa Days

Spa Experience	£125
Luxury Spa Experience	£175
Couples spa experience	£250



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