# WHAT DO OUR MEMBERSHIPS INCLUDE?

Gym + Swim

Our Gym & Swim membership includes just that, with access to the gym, pool, jacuzzi, sauna & steam room. This membership does not include fitness classes.

	Peak	Off peak
Monthly	<b>Σ</b> 50	<b>£</b> 40
6 Months	£270	£216
Annually	£510	£408

Off peak Peak Monthly 250 260

6 Months £324 £270

Annually £612  $\mathfrak{L}510$ 

#### Wellness

Includes access to all health club facilities, including the gym, pool, jacuzzi, sauna & steam room. For peak memberships, all classes are included in this package, and for off peak, all morning class are included.

# Couples Gym + Swim

For couples from the household, sign up for a joint membership and save! This package includes access to all health club facilities including the gym, pool, jacuzzi, sauna & steam room. Excludes classes.

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Monthly	590	270
6 Months	£486	£372
Annually	£918	£720

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## Peak/off peak

Unlimited access between 7am-9pm (Mon-Fri) and 8am-8pm (Sat & Sun) OFF PEAK MEMBERSHIP:

7am-5pm (Mon-Fri). Excludes weekends.

#### Children

Add a child onto any membership for £15 per month per child. Children's memberships are for ages under 16 and include access to the swimming pool only.

### Monthly

£15



# Platinum Membership

Our premium, Platinum gym membership offers peak time access to our state-of-the-art Health Club, a wide variety of fitness classes, and spa access with exclusive discounts on treatments. Whether you're an early riser or a night owl, our all-hour access allows you to work out on your schedule.

#### WHAT DOES IT INCLUDE?

- Access 7am-9pm (Mon-Fri) and 8am-8pm (Sat & Sun) to the current health club facilities
- Access to all of our fitness classes including Yoga, Pilates and many more...
- Weekly access to our 2-hour thermal journey in the Holte Spa which includes full use of the thermal suite and spa garden
- 20% off Holte Spa treatments