Mibbles

Hand cut chips (V, VE)

Vlibbles			
Selection of fresh marinated olives with a lemon & herb dressing (V,VE)			
Olive & herb focaccia with smoked hummus, olive tapenade (V,VE) (*contains gluten + sesame)			
Roasted warm Padron peppers (V,VE)			£7.00
Toasted flatbread with beef dripping & bone marrow shallot jam (*contains gluten + milk)			£7.00
Starters			
Soup of the day (V) (*contains milk - gluten free upon rec	quest)		£8.80
Calamari rings, slow roasted garlic aioli, baby herb salad (*contains gluten, sulphites, egg + mollusc)			£11.00
Halloumi fries, sweet pickled chillies, chipotle sauce, baby herbs (*contains gluten, sulphites + milk)			£10.50
Fish cake, hollandaise sauce, poached hens' egg (*contains fish, milk gluten + egg)			
Potted duck rillette, sourdough breads, damson chutney (*contains gluten + sulphites - gluten free upon request)			£11.00
Crispy tempura baby vegetables, chilli & ginger dressing (V,VE) (*contains sulphites)			
Sandwiches			
Served until 5pm			
Cold sandwiches with homemade coleslaw, dressed Sandwiches can be gluten free upon request	t mixed leaf s	alad & soup (served on white or brown loaf)	
Oak smoked salmon, dill and caper cream cheese (*contains gluten, fish, milk - gluten free upon request)			£13.00
Roast beef, sweet mustard, pickles & baby leaves (*contains gluten, mustard, milk + sulphites- gluten free upon request)			£13.00
Honey glazed ham, whole grain mustard ketchup (*contains gluten, mustard, milk + sulphites- gluten free upon request)			£13.00
Creamy Lancashire cheese, tomato chutney (*c	contains gluten , r	mustard, sulphites + milk - gluten free upon request)	£12.00
flat breads Served warm   Served u	until 5pm		
Spicy lamb kofta, yogurt & mint dressing, red  (*contains gluten, sulphites + milk)	onion, coria	nder & cucumber salad	£15.50
			£15.00
Marinated Chicken shawarma, pickled green chilli, cumin, garlic & yogurt dressing, crisp salad leaves			£15.50
(*contains gluten, sulphites + milk)			
Salads			
Chargrilled chicken Caesar salad, creamy parmesan dressing, anchovies, croutons, gem lettuce & bacon or ham (*contains fish, sulphites, milk + gluten, gluten free on request)			£18.50
Super foods salad, Harissa sweet potato, orzo pasta & sundried tomato, cous cous & charred vegetables, dressed baby herb salad (V, VE) (*contains gluten + sulphites)			£18.00
Ploughman's salad, crumbled blue cheese, apple, egg, sweet picked red onion, croutons, flaked ham £18.00			
hock, mustard dressing (*contains milk, egg, sulphites,		•	
Sides			
		Truffle & parmesan chips (V) (*contains milk)	£6.50
French fries (V)	£5.50	Swan mixed leaf salad (V, VE) (*contains sulphi	ites) £5.00
Truffle & parmesan fries (V) (*contains milk)	£6.50	Mixed greens	£6.00
Tomato & basil salad (V, VE, GF) (*contains sulphite	s) ±5.00	Peppercorn sauce (*contains milk + sulphites)	£3.00

Mains

Whitby wholetail scampi, chips, tartar sauce, peas (*contains shellfish, gluten + sulphites)	£19.50
Fish & chips, mushy peas, tartar sauce (GF) (*contains fish + sulphites)	£19.00
Pan fried hake, bubble & squeak, hollandaise sauce, asparagus tips (GF) (*contains fish, eggs + milk)	£20.00
Seared chump of lamb, cooked pink, warm minted pea and gnocchi salad (*contains gluten + milk)	£24.00
Honey glazed gammon, fried eggs, chunky chips, onion rings & chutney (GF) (*contains egg)	£19.50
Crispy chicken schnitzel, garlic & herb butter, fries, house slaw (*contains gluten, egg + milk)	£19.00
Flat iron beef steak, tarragon mustard sauce, fries, house slaw, cooked pink (*contains mustard + milk)	£24.00
Saute summer vegetable gnocchi, fresh garden herbs, feta cheese (V,VE) (*contains gluten)	£19.00
Classic moules marinière & fries (*contains shellfish, sulphites + milk)	£22.00

Grill

All our steaks are matured for at least 21 days and are finished in a smoked bone marrow butter & accompanied with buttered fine beans, confit tomato, grilled field mushroom, hand cut chips & onion rings (GF) (\*contains milk)

10oz Sirloin steak, hand cut chips, onion rings, confit tomato, field mushrooms & fine beans (GF)	£38.00
10oz Ribeye steak, hand cut chips, onion rings, confit tomato, field mushrooms & fine beans (GF)	£42.00
9oz Fillet steak, hand cut chips, onion rings, confit tomato, field mushrooms & fine beans (GF)	£48.00

Burgers

All our burgers are served in a toasted roll with lettuce, tomato & gherkins. Accompanied with homemade coleslaw and a side of fries.

Our signature chargrilled double cheese burger, smoked bacon, pickles & house made burger sauce (*contains gluten, milk + sulphites)	£19.00
Crispy panko breadcrumbed chicken burger, sriracha mayo, pickles (*contains egg, gluten + sulphites)	£18.50
Double plant based burger, cheese, pickles, house made burger sauce (*contains sulphites and gluten)	£18.00

Sunday Roast ~ Only on Sundays, when it's gone it's gone!

Roast topside of beef, roast potatoes, Yorkshire pudding, seasonal vegetables, roasting gravy £19.50 (\*contains gluten, milk & sulphites)

Duddings

£3.00

Strawberry & raspberry pavlova, raspberry sauce, sweet vanilla cream (*GF*) (\*contains milk + egg)

Sticky toffee pudding, butterscotch sauce, vanilla pod ice cream (*GF*) (\*contains milk + egg)

\$49.00

Salted caramel sundae, chocolate coated honeycomb, fudge toffee sauce (*GF*) (\*contains milk + soya)

Passion fruit & white chocolate cheesecake, passionfruit sorbet (\*contains gluten, milk, soya + egg)

\$49.00

Warm chocolate fudge brownie, chocolate sauce, clotted cream ice cream (\*contains gluten, milk, egg + soya)

\$49.00

Farmhouse cheese selection, (stilton, mature cheddar and goats cheese) pickles, chutneys, artisan crackers (\*contains milk, sulphites + gluten - gluten free upon request)

Blue cheese sauce

£5.50

At The Swan Hotel, we recognise the seriousness of food intolerances and allergies. We recommend that you speak to a manager before you place an order, to inform us of any food allergies that you or your guests may have. All of our food is prepared in a kitchen where nuts, gluten and other known allergens maybe present. Please note whilst we do take caution to prevent cross-contamination, we are however unable to guarantee that our food is allergen free due to the risk of cross contact.

The Swan Inn

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THE SWAN HOTEL & SPA Newby Bridge, Ulverston, Cumbria, LA12 8NB www.swanhotel.com/@swanhotelnewbybridge