

DAY PASSES

Access to our gym and family pool for a day. £10 per adult and £5 for children. Towel hire is £1.50 per person.



CLASSES

Non-members can join classes for £10 per person. Book online today!

The Health Club

Gym & Swim Membership

Our Gym & Swim membership includes just that, with access to the gym, pool, jacuzzi, sauna & steam room. This membership does not include fitness classes.

Monthly

£50

6 Months

£250

Annually

£500

The Works Membership

Includes access to all health club facilities, including the gym, pool, jacuzzi, sauna & steam room - plus unlimited classes. Additionally, members have exclusive access to our Thermal Suite & Spa Garden each Friday from 8-10am.

Monthly

£90

6 Months

£450

Annually

£900

Couple Membership

Our Gym & Swim membership - but discounted for couples! Includes access for two to the gym, pool, jacuzzi, sauna & steam room. This membership does not include fitness classes. Please note that proof of cohabitation is required to sign up for this membership.

Monthly

£90

6 Months

£450

Annually

£900

Family Membership

Our Gym & Swim membership for families. Includes access to the gym, pool, jacuzzi, sauna & steam room. This membership does not include fitness classes.

Monthly

£130

6 Months

£650

Annually

£1,300