DAY PASSES

Access to our gym and family pool for a day. £10 per adult and £5 for children. Towel hire is £1.50 per person.

CLASSES

Non-members can join classes for £10 per person. Book onliine today!

The Health Club

Gym & Swim Membership

Our Gym & Swim membership includes just that, with access to the gym, pool, jacuzzi, sauna & steam room. This membership does not include fitness classes.

Monthly	£50	6 Months	£250	Annually	£500

The Works Membership

Includes access to all health club facilities, including the gym, pool, jacuzzi, sauna & steam room - plus unlimited classes.

Monthly	£70	6 Months	£350	Annually	£700

Couples Membership

Our Gym & Swim membership - but discounted for couples! Includes access for two to the gym, pool, jacuzzi, sauna & steam room. This membership does not include fitness classes. Please note that proof of cohabitation is required to sign up for this membership.

Monthly	£90	6 Months	£450	Annually	£900

Family Membership

Our Gym & Swim membership for families. Includes access to the gym, pool, jacuzzi, sauna & steam room. This membership does not include fitness classes.

Monthly	£130	6 Months	£650	Annually	£1,300